

Learn How to Empower, Heal & Transform the Lives of Holocaust Survivors

Book a program, workshop, training session or inspiring keynote with Myra Giberovitch, a leading authority on Holocaust survivor trauma recovery.

Around the world, approximately 400,000 Holocaust survivors are alive today. Although survivors have been inspirational in teaching humanity about the capacity of the human spirit to overcome adversity, aging is taking its toll. Past vulnerabilities are emerging that require specialized and compassionate care.

- Are you assisting or caring for aging Holocaust survivors or their adult children **in your community or health care facility?**
- Is your social service, long-term care or non-profit organization trained **to provide the appropriate type of assistance?**
- Do you need guidance to inform and enrich your practices, educate your staff and volunteers—and **ultimately help survivors recover from trauma?**

Tap into Myra's knowledge and expertise to help your organization develop sensitive, cutting-edge services and programs designed to make a powerful impact on the lives of survivors and their families.

Help survivors recover from trauma and rediscover meaning and purpose in life!

Contact Myra today for a complimentary consultation.

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Workshops and training on trauma-informed practices and services:

- Establish effective practices to avoid re-traumatization
- Prevent and respond to environmental triggers
- Humanize your organization—and help all levels become more sensitive to survivor needs

Clinical supervision/group trauma recovery models: learn strategies, practices and a holistic approach to:

- Deal appropriately with clinical practice issues and the impact of aging on traumatic memory
- Implement psycho-educational recovery models
- Learn self-care practices for service providers to guard against stress and burnout

Inter-generational programs with schools and universities:

- Help survivors pass on the legacy of their experiences to a younger generation
- Create opportunities for them to re-invent themselves as teachers and historians
- Empower survivors to transform themselves from fragile victims to witnesses-to-history

Trauma recovery event planning, training & workshop facilitation:

- Sensitization programs: how to interview a Holocaust survivor
- Commemorative events where survivors are in control, as authorities
- Memoir writing workshops and photographic exhibitions

Wish fulfillment fundraising & sponsorship:

- Fundraising programs to fulfil the final wishes of Holocaust survivors

Plus, Webinars, Specialized training & consulting, Event coordination—and Keynote addresses.

Genocidal Trauma Consultant, Author, Professor and Trailblazer

Myra Giberovitch is a consultant, trainer, therapist and authority on genocidal trauma recovery. A trailblazer in the field, she started the first community-based social service program for Holocaust survivors in Canada and is internationally recognized as a pioneer in this area.

A keynote speaker, TEDx alumna and media commentator, Myra shares her knowledge, expertise and experiences across diverse media. Most notably, she is the respected author of *Recovering from Genocidal Trauma: An Information and Practice Guide for Working with Holocaust Survivors*, published by the University of Toronto Press in 2014.

As a licensed social worker and Adjunct Professor of Social Work at McGill University, Myra brings more than 30 years of experience in social work practice and teaching, focused on helping survivors of genocidal trauma. She advocates a “strengths-based” and “trauma informed system of care” that places people, their preferences, capabilities, and recovery at the centre of service models and individual and group interventions. This approach moves away from a deficit model of mental health to one that is competence and strengths based.

In her core practice, Myra is a therapist who works with survivors and their families. She advises healthcare and social service providers on the development of specialized service networks and programs that empower survivors, facilitate recovery and provide meaning and purpose. Myra also conducts cutting-edge workshops for professionals and volunteers who seek sensitivity training in their interactions with survivors. These custom-designed workshops filled with practical techniques, draw upon current research from trauma, neuroscience, gerontology and Holocaust studies. They educate participants about survivor related issues and enhance their practice skills.

Myra’s string of accolades, national and international conference presentations, research and speaking engagements attest to her sterling reputation in the field.

A daughter of Holocaust survivors

Myra was born in a displaced persons camp in Germany after the war. She is the daughter of Holocaust survivors from the Lodz Ghetto and Auschwitz. They emigrated from Israel to Canada in the early 1950s. Her family settled in Montreal where she grew up. Myra is the proud mother of three children and grandmother to seven grandchildren. She now lives in Toronto, Ontario, Canada.



Myra Giberovitch M.S.W., R.S.W

Adjunct Professor, McGill
School of Social Work



MYRA GIBEROVITCH
**RECOVERING
FROM
GENOCIDAL
TRAUMA**

An Information and Practice Guide
for Working with Holocaust Survivors