

# Empower, Heal & Transform the Lives of Holocaust Survivors

Book a program, workshop, training session or inspiring keynote with one of the world's leading authorities on Holocaust survivor trauma recovery.

Around the world, approximately 450,000 Holocaust survivors are alive today, including child survivors, more than 10,000 in Canada and 100,000 in the United States. Although survivors have been inspirational in teaching humanity about the capacity of the human spirit to overcome adversity, aging is taking its toll. Past vulnerabilities are emerging that require specialized and compassionate care.

- Are you assisting or caring for aging Holocaust survivors or their adult children **in your community or health care facility?**
- Is your social service, long-term care or non-profit organization trained **to provide the appropriate type of assistance?**
- Do you need guidance to inform and enrich your practices, educate your staff and volunteers—and **ultimately help survivors recover from trauma?**

Tap into Myra's knowledge and expertise to help your organization develop sensitive, cutting-edge services and programs designed to make a powerful impact on the lives of survivors and their families.

**Help survivors recover from trauma—  
and rediscover meaning and purpose in life!**

Contact Myra Giberovitch today for a complimentary consultation.

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## Workshops and training on trauma-informed practices and services:

- Establish effective practices to avoid re-traumatization
- Prevent and respond to environmental triggers
- Humanize your organization—and help all levels become more sensitive to survivor needs

## Clinical supervision/group trauma recovery models: learn strategies, practices and a holistic approach to:

- Deal appropriately with clinical practice issues and the impact of aging on traumatic memory
- Implement psycho-educational recovery models
- Learn self-care practices for service providers to guard against stress and burnout

## Inter-generational programs with schools and universities:

- Help survivors pass on the legacy of their experiences to a younger generation
- Create opportunities for them to re-invent themselves as teachers and historians
- Empower survivors to transform themselves from fragile victims to witnesses-to-history

## Trauma recovery event planning, training & workshop facilitation:

- Sensitization programs: how to interview a Holocaust survivor
- Commemorative events where survivors are in control, as authorities
- Memoir writing workshops and photographic exhibitions

## Wish fulfillment fundraising & sponsorship:

- Fundraising programs to fulfil the final wishes of Holocaust survivors

Plus, Webinars, Specialized training & consulting, Event coordination—and Keynote addresses.

# Genocidal Trauma Consultant, Author, Professor & Trailblazer

Myra Giberovitch is a consultant, trainer, professor and world authority on genocidal trauma recovery. A true trailblazer in the field, she started the first community-based social service program for Holocaust survivors in Canada and is internationally recognized as a pioneer in this area. A **keynote speaker, TEDx Alumnus** and **frequent media commentator**, Myra shares her expertise and experiences across diverse media. Most notably, she is the respected author of *Recovering from Genocidal Trauma: An Information and Practice Guide for Working with Holocaust Survivors* published by the University of Toronto Press in 2014.

As a licensed social worker and **adjunct Professor of Social Work at McGill University**, Myra brings more than 30 years of experience in gerontological social work and teaching, focused on helping survivors of genocidal trauma. She advocates a strength-based and 'trauma-informed system of care' that places people, their capabilities, and their recovery at the centre of service models and individual and group interventions.

In her core practice, Myra advises healthcare and social service providers, communities and individuals on the development of service networks and programs. These special programs serve to empower survivors, facilitate recovery and provide meaning and purpose. Over the years, she has sensitized thousands of people to the needs of survivors, equipping them with the requisite insights, care models and practical techniques to become more sensitive and skilled in their work. Myra's string of accolades, national and international conference presentations, research papers, speaking engagements and awards, speak to her sterling reputation in the field.

## *A daughter of Holocaust survivors*

*Myra Giberovitch was born in a displaced persons camp in Germany after the war. She is the daughter of Holocaust survivors from the Lodz Ghetto and Auschwitz. They emigrated from Israel to Canada in the early 1950s. Her family settled in Montreal where she grew up. She is the proud mother of three children and grandmother to six grandchildren. Myra now lives in Toronto, Ontario, Canada.*



**Myra Giberovitch M.S.W., R.S.W**

Adjunct Professor, McGill  
School of Social Work



MYRA GIBEROVITCH  
**RECOVERING  
FROM  
GENOCIDAL  
TRAUMA**

An Information and Practice Guide  
for Working with Holocaust Survivors